

HUMAN AND HOPE ASSOCIATION



COMMUNITY WORKSHOPS

FUNDING PROPOSAL



About Human & Hope Association

Human and Hope Association is a grassroots community centre based in Siem Reap, Cambodia. Established in 2011, we are run entirely by local staff and aim to alleviate poverty in our surrounding community.

Instead of giving out direct aid, we invest in education, vocational training and community support projects that have a long-term impact. These include:

Education Programs

Aimed at children aged **5-18 years old**, these programs supplement their public school education, setting them up for a brighter future. We provide the following classes in: English, living values, Khmer, preschool, art and library. We also provide ongoing programs in staff development.

Vocational Training Programs

Aimed towards all community members, many of whom were **unable to complete high school** and most of whom are illiterate. While this proves challenging at times in delivery of the program, the results are wholeheartedly worth it upon seeing improvements to their confidence. We currently have a sewing program, sewing cooperative and a home sewing business program.

Community Support Programs

The community projects at Human and Hope Association are targeted towards the most vulnerable community members who are the poorest of the poor. Whilst challenging, we believe in empowering the community with the knowledge and skills to achieve a sustainable future. They currently run workshops, outreach and opportunity scholarships, family farm programs and university scholarships.

We involve the community in our program development and take monitoring and evaluation very seriously. We are a leading NGO due to our commitment to local empowerment our ability to raise 25% of our income each year through sustainable methods.



About Cambodia



Modern-day Cambodia is the descendant of the ancient Khmer Empire, a powerful empire that stretched over much of South East Asia between the 8th Century and 15th century.

Despite its proud history, Cambodia fell into a dark period as it was drawn into conflict during the Vietnam War and then fell to the Khmer Rouge in 1975. Between this time and 1978, leader Pol Pot attempted to turn Cambodia into a purely Communist country, sending millions out into the countryside and deserting Cambodia's once energetic cities. Intellectuals and city-dwellers bore the brunt of Pol Pot's brutal regime initially, but disease, starvation and Khmer Rouge cruelty saw the **death toll rise to an estimated two million**, over a quarter of the population.

Cambodia had to build themselves up again, and it hasn't been easy. Cambodia remains the poorest ASEAN country by GNI per capita (World Bank, 2016). While its rapid economic growth saw it reach lower-middle income status in 2015, **35% of Cambodians people still live below the international poverty line** measured at US\$1.90 per person per day (UNDP, 2018). 40% of Cambodia's rural population live in multi-dimensional poverty, while 45% of Cambodians living in poverty are 19 years old or younger (UNDP, 2018). Over 8.1 million Cambodians are near-poor, meaning if they lost 30 cents of income per day they will be thrust back into the poverty bracket. Also, the unequal distribution of economic gains means many Cambodians still have poor levels of health, low levels of education, skills and employment, and **struggle to access essential services**.

Domestic violence is also a significant issue for many Cambodian women, with 21% of women reporting they have experienced physical and/or sexual intimate partner violence (UN Women, 2015). 1 in 4 Cambodians over the age of 15 are illiterate. 36% of Cambodian children are involved in child labour. 40% of children in primary school do not progress beyond grade five. Only 35% of females at the appropriate age enrol in secondary school. With poverty and gender issues come other issues such as lack of hygiene, poor health, lack of family planning, domestic violence, poor school attendance, high school dropout rates, etc. We aim to change these statistics in our community.

Community Workshops Program

The community workshops at Human and Hope Association attempt to address the various social issues faced by their community members.

Domestic Violence Workshops

Studies have shown that one in four women in Cambodia will experience domestic violence in her lifetime, however, these figures seem to be higher in the community surround Human and Hope Association. Domestic violence workshops (packaged as 'family happiness workshops') are held for the community members in order to try and prevent/stop this violence and make their community members realise that domestic violence isn't just physical; it is also sexual, emotional, economic, or psychological actions or threats of actions. These workshops empower villagers who are victims of domestic violence to know about their rights and how to seek help. **95% of participants walk away with an increased knowledge about domestic violence** and the support available. We have seen the number of domestic violence incidences in the families we work with decrease.

Good Touch, Bad Touch & Child Protection Workshops

Every six months, 'Good Touch, Bad Touch' workshops are held for the students in Human and Hope Association's education programs to provide their students with knowledge about sexual abuse and empower them to stand up for their rights and the rights of their friends. In addition to this, they hold child protection workshops for their sewing students, adults in their community programs and teachers at their local primary school to prevent violence against children, whether it be physical, sexual, emotional, neglect or child labour. **100% of students say they have improved their knowledge about child protection as a result of the workshops.**



Road Safety Workshops

Road safety workshops are held to tackle the startling statistics that more than six people die on the roads in Cambodia every day. These interactive workshops encourage the parents of the students at Human and Hope Association to think seriously about their actions on the road, inform them about the Cambodian traffic law and promote the use of helmets. **80% of participants have an increased knowledge about the traffic law** as a result of participating in the workshop.

Parenting Community Workshops

Aimed at the parents of Human and Hope Association's most disadvantaged students, these workshops educate, discuss and share techniques on effective parenting, with **94% of participants improving their knowledge**.

Health Workshops

Health workshops aim to address the lack of the information about taking care of general health. **91% of participants improve their knowledge** of hygiene, nutrition, food, alcohol addiction, illnesses and basic first aid.

Hygiene Workshops for Children

Disease and illness is a big issue in Cambodia, so hygiene workshops are held twice a year to focus on hand-washing and teeth cleaning. Awareness is also raised about the dangers of using contaminated water as a cause of illness and disease, as well as how people can change their everyday routine to prevent getting sick. The workshops utilise engaging training materials and activities, with **100% of participants improving their knowledge of hygiene**. A hygiene pack is provided to every student who attends the training, so they can put their learning into practice straight away.



Community Workshop Team



Education and Community Manager – Loeum Salin

Salin is responsible for running the education and community programs and is always thinking of ways to improve the impact that Human and Hope Association has.

“I work at Human and Hope Association because I want the children in my country to be educated people, not ignorant people.”



Director - San Thai

Thai is one of the founding members of Human and Hope Association. Through forming good relationships with the villagers, it is easier for Thai to educate people on issues such as child protection and the importance of education. Thai received a University Scholarship from Human and Hope due to his willingness to learn, his professionalism and his great attitude. He was promoted to permanent Director in July 2015.

“I enjoy working at Human and Hope Association because I can improve and develop myself and I can take good actions to help the community.”

Budget

The budget breakdown below will provide over 100 villagers with community workshops for an entire year.

Director Salary	\$471.00
Education & Community Manager Salary	\$398.00
Workshop Resources	\$108.00

TOTAL **AUD\$977.00**

Our Commitment to Ethical Standards

At Human and Hope Association, we are committed to acting in a highly **ethical** way to build **trust** and **respect** with our community and donors. We achieve this by:

- Publishing our monthly finances on our website
- Verifying transactions and counting cash each month by Director
- Auditing of accounts every three months by our qualified Board Treasurer
- Holding a partnership agreement with Human and Hope Association Incorporated (HHA Inc.), who fundraise for our cause
- Providing monthly program updates to HHA Inc.
- Randomly verifying five of our transactions every month with the Board Treasurer of HHA Inc.
- Conducting a monitoring visit to Cambodia every year with HHA Inc
- Externally auditing HHA Inc.'s accounts every year
- Verifying and checking every month of HHA Cambodia and HHA Inc.'s bank accounts by the Director of HHA Cambodia and President of HHA Inc.
- Ensuring our staff abide by a Code of Conduct and Child Protection Policy
- Implementing a strict visitor policy to ensure our community feels safe
- Requesting our staff declare any conflicts of interest



How to Donate



Donations through our fiscal sponsor, World Relief Australia, are tax-deductible and can be made by credit card or bank transfer here: <https://wra.org.au/1432hhadev>.

If tax-deductibility was not required, donations can be made straight to our bank account in Australia:

Bank: Commonwealth Bank of Australia

BSB: 065 124

Account: 1033 8820

Name: Human and Hope Association Incorporated

To Say Thank You

To say thank you for your generous support of our Community Workshop Program we will place your name on the sponsor's page of our website. Additionally, you will receive a personalised thank you from the Director of HHA and an e-book pack of stories written by our students.

An advocate speaker can attend a club meeting in Sydney, Canberra and Melbourne, or present at a meeting via Skype.

Want to Know More?

We would love for you to take the time to think about supporting our Community Workshop Program. Please feel free to contact us using the details below:

Australia: Sally Hetherington, President of HHA Inc
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